



YEAR ONE

Scope and Sequence

DATE	TITLE	DESCRIPTION
April 7, 2019	Intimacy Anorexia	<i>A marriage that seems beyond repair finds new life and hope.</i>
April 14, 2019	How to Spot a Liar	<i>A former FBI profiler shares insider tips and techniques for spotting a lie.</i>
April 21, 2019	Who Was Jesus—Really?	<i>Historical figure? Fable? Consider the evidence.</i>
April 28, 2019	The Heroin Addict Next Door	<i>Hear from an opioid user who shares his story of sliding to rock bottom—but not staying there.</i>
May 05, 2019	Love Ya, Mom	<i>A joyful celebration of all things mom...including your mother.</i>
May 12, 2019	Low-Cost No-Cost Adventures	<i>Here's your ticket to discovering fun, affordable, community activities that won't empty your wallet.</i>
May 19, 2019	An Immigrant in the Sanctuary	<i>Exclusive interviews with an immigrant set for deportation and the pastor of a church who defied the government by housing him.</i>
May 26, 2019	An Encounter With God	<i>Hear from former Ethiopian Prime Minister Tamrat Layne who, while in prison, claims he was visited by Jesus.</i>
June 2, 2019	How to Live to 100	<i>Here's advice from people who know. Listen as centenarians (people who've reached 100) share their secrets.</i>
June 9, 2019	A Father's Power	<i>Meet a former gang member whose love for his child not only carried him out of crime but prompted him to mentor other single dads.</i>
June 16, 2019	Can God Love a Mess Like Me?	<i>An exclusive interview with Paul Young, the author of <i>The Shack</i>.</i>

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June 23, 2019	Concussions	<i>Former NFL player, Ben Utecht, speaks out about the high cost of concussions in his life—and the lives of other athletes.</i>
June 30, 2019	Blowing the Whistle on Abuse	<i>One courageous teenage girl goes on camera to share her story.</i>
July 7, 2019	When He Becomes She	<i>Join Rose Elizabeth as she describes the impact of her transgender journey on those she loves.</i>
July 14, 2019	Declutter Your Life	<i>Hear from happiness guru Gretchen Rubin about the power of clearing the clutter from your life.</i>
July 21, 2019	Where's the Justice?	<i>Experience the true story of a man freed from prison who then leads a responsible life—only to then discover he was freed because of a clerical error. Hear his wife describe his re-arrest and return to prison—for an additional 90+ years.</i>
July 28, 2019	When Everything Goes Wrong, Where's God?	<i>A lost child...the death of a beloved husband...a home burned to the ground...hear from a woman as she wonders how she could possibly go on.</i>
Aug 4, 2019	Getting Unstuck	<i>Discover how to take a step forward when you're not sure there's any step you can take at all.</i>
Aug 11, 2019	Why Are You So Hard on Yourself?	<i>An hour of discovering your true value, and why you sometimes find it so hard to feel like the treasure you are.</i>
Aug 18, 2019	Faith and Science	<i>An intimate conversation with Dr. Francis Collins, director of the National Institutes of Health, about the intersection of his Christian faith and science.</i>
Aug 25, 2019	How Does Prayer Work?	<i>A police officer and pastor's wife share how they've encountered prayer in their two very different lives.</i>
Sept 1, 2019	True Beauty	<i>An extraordinary conversation with two burn victims who see beauty that goes far beyond what's visible on the surface.</i>
Sept 8, 2019	10 Minutes to Live	<i>A mistaken message about an impending nuclear missile strike puts all of Hawaii on high alert. Join one man who had to decide: What do I do with my last 10 minutes on earth?</i>

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Sept 15, 2019	Dreams and Nightmares	<i>Are there hidden messages in your dreams? Listen as psychobiology professor William Moorcroft explains what's really happening in your dreams.</i>
Sept 22, 2019	Stem Cells	<i>An insider's look at the miracle cure that might not be available to you—no matter how much it might help you.</i>
Sept 29, 2019	A Reason to Live	<i>Meet Rwandan John Gasangwa, whose life was spared because of the courage of a refugee worker. Join John as he repays that kindness with one of his own: launching a school with nothing but a heart to serve and a tree for shade.</i>
Oct 6, 2019	I Lived in a Dumpster	<i>Homeless, she wanted to complete her high school education. So she found shelter the only place she could: in a dumpster behind the gym of her school.</i>
Oct 13, 2019	Surviving the Death of a Loved One	<i>When Susan Burton lost an infant to Sudden Infant Death Syndrome, she wasn't sure she could go on. But she did—and she'll share lessons she learned along the way.</i>
Oct 20, 2019	Loving Those With Cancer	<i>Hear real-world advice for coming alongside friends and family with cancer from a cancer patient—and a caregiver.</i>
Oct 27, 2019	Zombies!	<i>You've seen the TV shows and movies, and Halloween "crawls." Join a university professor and zombie expert as he explains what's behind our fascination with the undead.</i>
Nov 3, 2019	Has God Left the Building?	<i>See personal interviews with experts who discuss why there has been a dramatic increase in churches closing their doors, and what, if anything, can change the trend.</i>
Nov 10, 2019	Zzzz...	<i>A wide-awake interview with sleep expert Kat Duff about how to get a good night's sleep.</i>
Nov 17, 2019	Make a Difference Now	<i>Join a postman whose above-and-beyond view of his role makes him extraordinary.</i>
Nov 24, 2019	A Day in the Life of the Hidden Homeless	<i>You probably don't even know they're homeless... but they're all around you. And they need help.</i>

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Dec 1, 2019	Angels Among Us	<i>As she walked down the stairs the hand that stopped her was unseen...but powerful. And then the shot rang out.</i>
Dec 8, 2019	Stuck in a Rut?	<i>He felt his life was headed nowhere, so he stepped outside to take a walk—all the way across America.</i>
Dec 15, 2019	Conquering Conflict	<i>The nitty-gritty of fighting fair—a gloves-off interview with Drs. Les and Leslie Parrott.</i>
Dec 22, 2019	The Spirit of Santa	<i>A professional Santa impersonator shares the secrets of his trade—and how dressing up as Santa has changed his life.</i>
Dec 29, 2019	Why, God?	<i>A terrible tragedy, a life-shattering loss, and a lingering, unanswerable question: Why, God?</i>
Jan 5, 2020	Upsizing Life by Downsizing Stuff	<i>Join a woman who's living large in an 84-square foot house. What's she learned? And what can you learn from her?</i>
Jan 12, 2020	Is the Devil Real?	<i>An exorcist tells all. Stories from the frontline of spiritual warfare.</i>
Jan 19, 2020	The Witch Next Door	<i>Meet current-day witches to hear why they embrace witchcraft. And discover they're not who you expected them to be.</i>
Jan 26, 2020	Conspiracies	<i>How to uncover what "They" don't want you to know.</i>
Feb 2, 2020	The Miracle of Dreams	<i>Sleep expert Dr. Terry Himes explains what current research has discovered about the types of dreams you experience, the possible source of those dreams, and the role your dreams play in maintaining a healthy life.</i>
Feb 9, 2020	Modern Romance	<i>A gloriously mismatched couple describe how they met, courted, and made their marriage work.</i>
Feb 16, 2020	Overcoming Life's Obstacles	<i>Meet television personality Craig DeMartino, who survived a 10-story fall.</i>
Feb 23, 2020	Reincarnation	<i>Have you been here before? Will you be coming back? An hour of discovery and discussion.</i>
March 1, 2020	Can This Union Be Saved?	<i>A marriage counselor's advice for our divided country.</i>

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March 8, 2020	Reboot Your Life	<i>The art of turning your life around—advice from a “boat person” who started with nothing.</i>
March 15, 2020	Confronting Evil	<i>When Peter Ash, a man with albinism, discovered that there were places in Africa where others with his condition were routinely killed or dismembered, he set about changing the culture—and saving lives.</i>
March 22, 2020	Laughter Is the Best Medicine	<i>Physician turned stand-up comedian Brad Nieder explains the benefits of laughter—and dishes out a dose.</i>
March 29, 2020	Making Peace With Your Past	<i>A Vietnamese refugee returns to her homeland to bring hope—and healing.</i>



YEAR TWO

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DATE	TITLE	DESCRIPTION
April 5, 2019	Facing a Terminal Illness	<i>Stories and advice from a man who knows he hasn't long to live—but he's not all that worried about it.</i>
April 12, 2019	Encountering God	<i>From India to Indiana, take a whirlwind tour visiting people who are trying to connect to God—and hear what they say.</i>
April 19, 2019	Schindler's Youngest Survivor Speaks	<i>As a boy, working in Oscar Schindler's factory spared him from a Nazi death camp. Now at last he shares his story.</i>
April 26, 2019	Trapped?	<i>As an "exotic dancer" she moved between shadows and spotlights—until she realized there was no way out.</i>
May 03, 2019	Losing a Loved One to Alzheimer's	<i>This award-winning short film follows the fragile relationship between a daughter and the mother who can no longer remember her name.</i>
May 10, 2020	Border Wars	<i>Visit a high-security border crossing—and hear from Mexicans exploring ways to not come north.</i>
May 17, 2020	Why Did I Survive?	<i>When a Haitian earthquake traps a young couple and their son in a collapsed concrete building, they struggle to dig their way to safety.</i>
May 24, 2020	Hurt by Church	<i>A woman finds herself shamed by the very institution she trusted to bring her hope and healing.</i>
May 31, 2020	Dealing With Difficult People	<i>A SWAT commander shares what it takes to handle tense situations—and navigate a way to resolution.</i>
June 7, 2020	Enough Already!	<i>Meet Denise, who lost her baby, then her husband, and later watched as her home burned to the ground. What's next?</i>
June 14, 2020	FatherLess	<i>Join best-selling author Donald Miller on a cross-country trip to see the one man he least wants to see: the father who left him behind.</i>

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June 21, 2020	Overcoming Worry	<i>When a woman cleans out her late mother's closet, she uncovers a box that explains...everything.</i>
June 28, 2020	Blowing the Whistle on Abuse	<i>Gabriel and Carissa reveal why they cut themselves—and their struggle with leaving behind this self-defeating behavior.</i>
July 5, 2020	Cutting	<i>One military couple describes the profound impact of PTSD on their marriage.</i>
July 12, 2020	Be Yourself...	<i>A champion sword swallower demonstrates his skill—and explains what really prompts him to risk his life.</i>
July 19, 2020	Spiritual but Not Religious	<i>The author of The Shack, Paul Young, shares what many think—but are afraid to say.</i>
July 26, 2020	When Love Hurts	<i>An abused woman shares her secret life of domestic violence and what it took to save herself.</i>
August 2, 2020	Lighten Up!	<i>This audience-award-winning film tells the tale of what might be a young man's worst day ever.</i>
August 9, 2020	Where Is God When Life Turns Tough?	<i>One day he's a healthy pastor running marathons, and the next an invalid with an undiagnosable illness. And the question arises: Where's God?</i>
August 16, 2020	Unlocking the Mystery of Music	<i>A therapist reveals the power of music to reach us when nothing else can.</i>
August 23, 2020	Toxic Faith	<i>Hear from Sam Brower, whose investigation of a remote village of fundamentalist Mormons led to a government raid and revealed dark secrets.</i>
August 30, 2020	Crop Circles	<i>A crop circle investigator makes her case and takes you along to see what she's discovered.</i>
Sept 6, 2020	The 60-Minute Guide to Greater Confidence	<i>See a brief film that tracks along with a man whose shaky confidence grows when he connects with his world through a sock puppet.</i>

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Sept 13, 2020	Preparing for the Worst	<i>An earthquake expert and self-reliance prepper share what's smart to do to protect yourself and those you love.</i>
Sept 20, 2020	Triumph Over Trauma	<i>Meet a woman whose struggle with anorexia took her from near death to a place of healing and wholeness.</i>
Sept 27, 2020	Amazing Grace	<i>When her son murders innocent Amish girls, this woman finds herself surrounded by the Amish community—and a heart-melting miracle.</i>
Oct 4, 2020	Why Do Bad Things Keep Happening?	<i>Ryan and Amy look for hope as cancer slowly takes the life of their son, Joel.</i>
Oct 11, 2020	Science and Religion	<i>A candid conversation with Brother Guy Consolmagno, a scientist, Jesuit, and the director of the Vatican Observatory.</i>
Oct 18, 2020	How to Live Before You Die	<i>Oncologist Dr. Sasha Vukelja describes her life as a refugee and how she challenges her patients to embrace life.</i>
Oct 25, 2020	An Unsolved Mystery	<i>Meet the man who stumbled across a mutilated corpse—a corpse that prompted a national scandal.</i>
Nov 1, 2020	Imperfect Parents	<i>This award-winning short film shares a story of anger, shame, and—ultimately—hope.</i>
Nov 8, 2020	Curing Healthcare	<i>A healthcare insider comes clean about what's working, what's broken, and what it will really take to fix the healthcare system.</i>
Nov 15, 2020	Inside the Gun Debate	<i>An NRA instructor who has had to draw his handgun to defend his life, and the father of a slain Columbine High School student, face off for an honest conversation.</i>
Nov 22, 2020	Family Secrets	<i>When Angela's mother died, a paper hidden deep in a drawer revealed a secret her mother took to the grave.</i>

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Nov 29, 2020	Forgiving the Unforgivable	<i>When his mother is murdered, Luis Barrios does the unthinkable—he forgives her murderer.</i>
Dec 6, 2020	Coping With Grief	<i>Grief counselor Ken Doka shares how to make the challenging journey from pain to peace.</i>
Dec 13, 2020	Surrounded by Stuff	<i>A hoarder invites you into her home—and life.</i>
Dec 20, 2020	Finding the Family I Never Knew	<i>Join Jana, adopted as a baby, as she searches for—and then finds—her birth mom.</i>
Dec 27, 2020	The Mystery of Prayer	<i>What happens when a trusting child's prayer simply can't be answered? One mother grapples with what comes next.</i>
Jan 3, 2021	Friends for Life	<i>Tag along with Rodney as he and nine buddies meet for their 20th annual weekend of golf, memories, and honesty.</i>
Jan 10, 2021	How to Sniff Out a Scam	<i>An exorcist tells all. Stories from the frontline of spiritual warfare.</i>
Jan 17, 2021	Giving Up on God	<i>Both a confirmed atheist and an atheist who has embraced faith in God share their stories.</i>
Jan 24, 2021	Living After a Suicide	<i>Ron's wife is killed, and then his grieving son commits suicide. Hear Ron talk about what it took to continue living himself.</i>
Jan 31, 2021	The Majesty and Mystery of Nature	<i>An unexpected encounter with a trapped whale puts one man in a dangerous encounter with the power and fragility of nature.</i>
Feb 7, 2021	Dangerous Food	<i>Joel Salatin of Polyface Farm shares insights into how the American food system may be the least healthy thing in your life.</i>
Feb 14, 2021	"The Aliens Are Coming"	<i>Hear from two men who aren't afraid to ask if all the talk about extraterrestrial visits just might be true.</i>
Feb 21, 2021	After the Attack	<i>Join Rose, who was attacked at knifepoint in her home, as she sits with Matt—the man who held a blade to her throat.</i>
Feb 28, 2021	Getting Past...Your Past	<i>When Michael Fosberg makes a call to locate his birth father, he discovers a truth about himself that changes everything.</i>

DATE	TITLE	DESCRIPTION
March 7, 2021	Body Language	<i>Body language expert Jan Hargrave demonstrates what we're saying even when we're trying to say nothing at all.</i>
March 14, 2021	Financial Freedom	<i>A man who squandered a small fortune shares big lessons learned along the way.</i>
March 21, 2021	Sign Here: x _____	<i>Handwriting expert Kathy McKnight shares what your handwriting reveals about you.</i>
March 28, 2021	The Bible: Real? Relevant? Reliable?	<i>The late Eugene Peterson (author of The Message) talks about why he wrote the book—and what the Bible has to say to today's world.</i>